

10-29-2008

The Hilltop 10-29-2008

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THE HILLTOP

The Daily Student Voice of Howard University

VOLUME 92, NO. 47

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Wednesday, October 29, 2008

Wednesday's Notebook

LIFE & STYLE

YOU MAY WANT TO THINK TWICE ABOUT TURNING UP THE VOLUME ON YOUR IPOD. FIND OUT WHY.

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SPORTS

SENIOR BISON FOOTBALL PLAYER KARLOS WHITTAKER IS FOCUSED ON BECOMING A PRO PLAYER. FIND OUT WHAT MOTIVATES HIM.

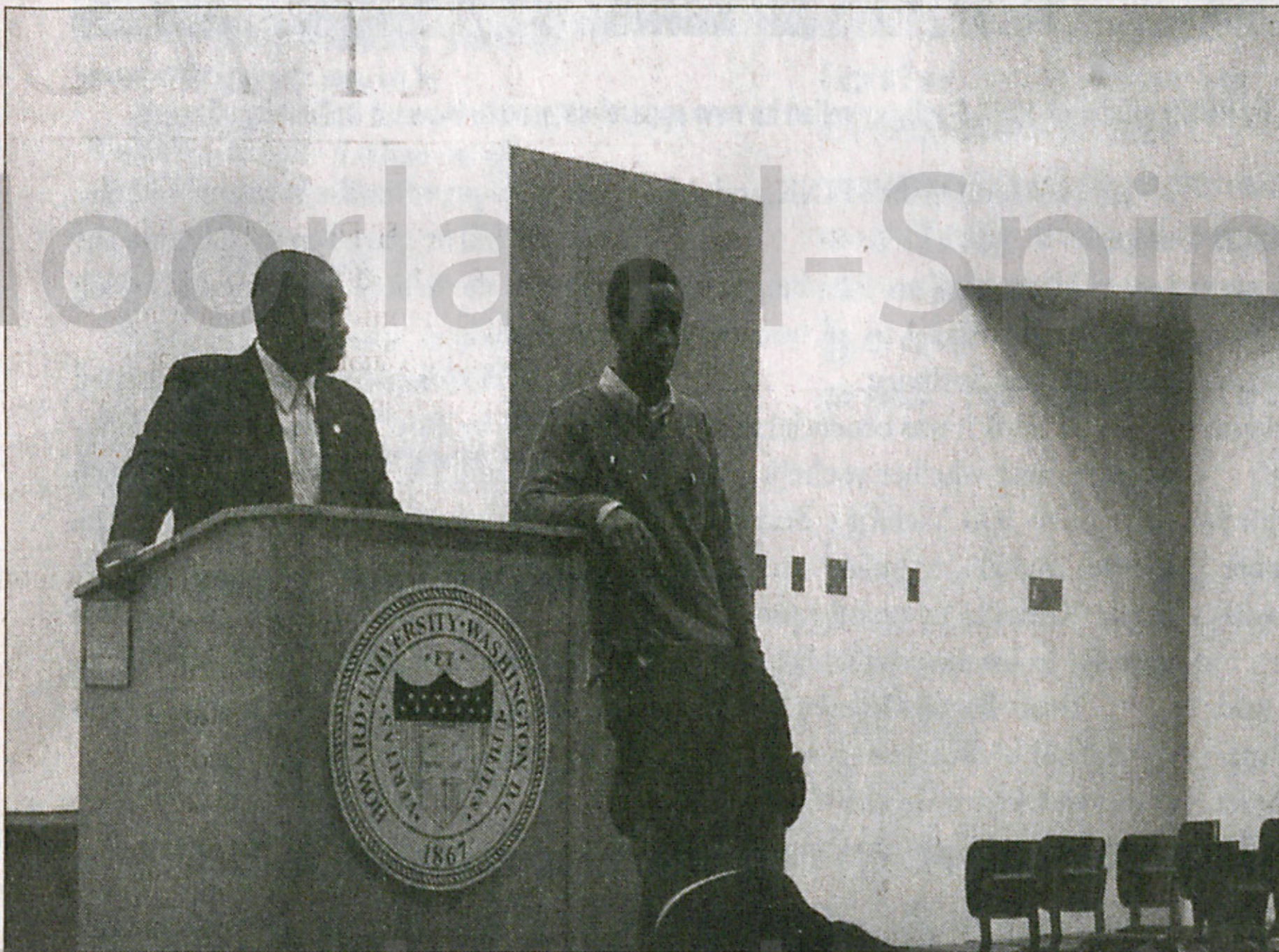
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NATION & WORLD

BREAST CANCER CHANGES THE LIVES OF MANY WOMEN EACH YEAR, BUT THERE ARE MANY METHODS OF EARLY DETECTION.

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HUSA to Distribute Funding



HUSA will meet to appropriate funds to 112 organizations after the General Assembly failed to meet.

BY JESSICA LEWIS
Staff Writer

In 72 hours, the Howard University Student Association (HUSA) Policy Board will decide if 112 organizations will receive funding under an executive order signed by HUSA President Nicholas Owen on Oct. 22, 2008.

The Policy Board called a hearing due to a

grievance filed against the executive branch of HUSA by Howard student Edward Williams.

The grievance concerned the alleged unconstitutionality of Owen's signature attached to Executive Order 001, which granted the immediate approval of the 2008-2009 Organizational Funding without the approval of the General Assembly.

The exclusion of the General Assembly occurred because the General Assembly failed to meet in two consecutive meetings that would have approved the said funding.

"Once they missed quorum the first time, there should have been a major upheaval of student government officials and student body," said Williams, a senior international business

major. "If a body of government fails to meet, there is a problem."

According to Owen, Williams may have had a problem with the General Assembly and not the Executive Branch. The grievance was not filed against the General Assembly, though, and Williams said that there had been no threat to the General Assembly.

"HUSA executive branch should have stepped up and demanded that they meet again," he said. "The general sentiment is, 'If I do not show up, oh well!' There has to be some outcry. This is wrong. This should be fixed."

The General Assembly did attempt to meet again on Oct. 22, 2008 in an emergency meeting; however, it could not do so.

"I feel like [Owen] should have written the order to demand that [the] General Assembly meet rather than approve the budget; that would have been in the best interest of the students," said Lloyd Talley, corresponding secretary for

> see FUNDS, page 3



Derik Holt Man Belleville News-Democrat (MCT)

Obama is using the millions of campaign dollars that he has to spare to buy media time tonight.

Obama Discusses Economy, Campaign 79 Years After Historic Stock Market Crash

BY MARGARET TALEV and WILLIAM DOUGLAS
McClatchy Newspapers (MCT)

HARRISONBURG, Va. — Barack Obama will focus on the economy and how his tax plans would help the middle class in a half-hour political infomercial tonight.

The program, scheduled to run on television networks on the 79th anniversary of the stock-market crash of 1929, "will share the specifics of Obama's plans to turn the economy around and get the country back on track," campaign spokesman Bill Burton said Tuesday.

"We want to make sure every voter heading into the voting booth knows exactly what Barack Obama would do to bring about fundamental change as president," he said.

Campaign aides declined Tuesday to answer questions about what images viewers will see when they tune in, whether the format will be live or taped and whether it will feature Obama alone or include additional voices such as business leaders or economic experts.

The program will air at 8 p.m. EDT on NBC, CBS, Fox, Univision, BET, MSNBC and TV One, and at various times in other time zones. Obama is scheduled to be speaking during that time at a rally in Florida.

While Obama continues to lead Republican John McCain nationally and in battleground states, a new Ipsos/McClatchy Poll suggests that the race has tightened, as McCain has used "Joe the Plumber," an Ohio voter who worried that Obama's plans would raise his taxes, to paint the Illinois senator as a socialist.

Obama leads McCain by 48-42 percent nationally in the poll released Tuesday, down from an 8-point lead the week before. Significantly, the survey found that

Obama's advantage on jobs and the economy had fallen from 16 points to 7 points in one week, suggesting that McCain's "Joe the Plumber" tactic had scored.

Obama is the first presidential candidate since Ross Perot in 1992 to purchase half-hour prime-time slots to get his message across. With millions of dollars left in his campaign war chest, he has the cash on hand to buy the time to drill his message home and answer McCain's criticisms and allegations six days before the election. The Arizona senator had no comparable plans for a national television buy.

The economy continued to be a focus of both men's stump speeches on the campaign trail Tuesday. They began in the Democratic-leaning battleground state of Pennsylvania and made their way south to Virginia and North Carolina, two states that voted for President Bush but could swing to Obama this year.

"Senator Obama is running to be redistributionist in chief. I'm running to be commander in chief. Senator Obama is running to spread the wealth," McCain said at an event in Hershey, Pa., that drew about 8,000 people. He was criticizing Obama's plans to raise taxes on the wealthy and big businesses and reduce them for families that earn less than \$200,000 a year.

Obama said that theories of trickle-down economics and lax regulation promoted by Bush and McCain had led to the economic crisis, and that it was McCain, who's proposed taxing employer health benefits in conjunction with a health-care tax credit, not Obama, who ultimately could raise taxes on the middle class.

"John McCain has hidden shotgun as George Bush has driven our economy toward a cliff," Obama said, "and now he wants to take the wheel and step on the gas."

Lawsuit Raises Awareness of Voting Corruption in Colorado

Thousands of residents were illegally removed from voting rolls

BY OMARI EVANS
Staff Writer

Due to recent events, some Colorado students are worried that their votes will not be counted in the upcoming presidential election because of alleged state-wide acts of voter disenfranchisement.

"As far as my vote getting counted, I am a little worried about it," said Gloria Jirsaraie, a sophomore international business major and Colorado resident.

Advancement Project (AP), a national voting rights group, filed a lawsuit against Colorado's Republican Secretary of State, Mike Coffman, alleging that 30,000 or more voters may have been purged from the rolls.

AP claims that Coffman did so by illegally disqualifying voters from voter polls within 90 days of the election, which is prohibited by federal law.

The lawsuit produced by the Advancement Project group also claims that thousands of new voters were improperly disqualified because election officials failed to seek their home addresses, which is required under federal guidelines.

If the election officials sent a no-

tice to their addresses and it bounced back to them within 20 days, the officials would cancel the registration for those new voters.

The Advancement Project lawsuit seeks to restore the votes of those citizens who were purged illegally from the rolls.

"I feel like this mishap is convenient...and seriously makes me question the legitimacy of the Colorado government," Jirsaraie said.

Colorado, a historically red state, has been predicted to vote blue this election — an outcome that Jirsaraie believes the state government does not support.

Registration in Colorado ended on Oct. 6 and to ensure their vote gets counted residents have been voting early starting on Oct. 20.

"I actually got my mail-in ballot in the mail today," said Shavon Forte, a sophomore English major and also a Colorado resident. "I had no clue about the retraction of the 30,000 new voter registrants or the lawsuit being filed against the Secretary of State."

Forte said that she didn't know of anyone that had their registration retracted.

"I registered at one of the rallies for the delegates in Colorado so I knew it was legit," Forte said. However

she noted that she did encounter some trouble when she tried to register online by herself.

When she tried to register online, Forte never received any confirmation that she was registered. Colorado Club President Aprille Nulan said, "I think that a lot of the stuff that they're doing is to prevent Colorado from going Democratic."

Nulan continued, "In some ways it may be intentional, because a lot of the stuff that they're doing is sneaky."

She said that absentee ballots in Colorado can be very misleading but, "I'm not too concerned, because I know a lot of the people that I know are making sure they're educated about what's going on and there are groups out there making sure people know what is happening."

Despite a lack of trust in her elected officials, Forte is hoping for the best.

"I can only hope that my vote will be handled properly, but I think everyone, no matter what state you're from deals with that since we are not there when these votes, especially the mail-in and absentee ballots, are being opened and counted," Forte said. "I'd rather vote and hope than not vote at all. At least I can say I voted."

GWU Medical School Works to Get Off Probation

In efforts to shape things up, GWU struggles against being the first U.S. medical school to lose accreditation

BY GENET LAKEW
Staff Writer

George Washington University's medical school has been given 24 months to get off probation by its accrediting association, according to the school's Web site.

The school is the only medical school currently on pro-

bation by the Liaison Committee on Medical Education (LCME).

The order came in mid-October as the school was found to be deficient in "curriculum management, lounge and study space for students and internal administrative processes." While on probationary status, the medical school will remain fully accredited.

"Overall, there have been expressions of support and understanding that these issues are serious and will be fully addressed," said Deborah Hudson, assistant vice president of Media Communications and Marketing at GWU.

As for the students, Hudson senses a wide variety of reactions, ranging from concern to

support to offers of help.

The school readily accepts the need to remedy the LCME's concerns and will work promptly and diligently to do so," Hudson said.

According to the LCME Web site, accreditation is necessary for medical schools to receive federal grants and benefit from federal loan programs. If

the school fails to correct its issues within the 24-month period allocated, it can lose its accreditation. To date, no medical school in the United States has lost accreditation, but it is possible.

Committee Secretary Dan Hunt, M.D., MBA, characterizes loss of accreditation as "a pretty big deal, it puts them [the medical school] out of business."

Contrary to what has been circulating around, Hunt said GWU's medical school is actually the 6th school since 1994 to have been placed on probation by the LCME.

He said each time a school has been placed on probation, they have produced a positive response and end up becoming much stronger because of it.

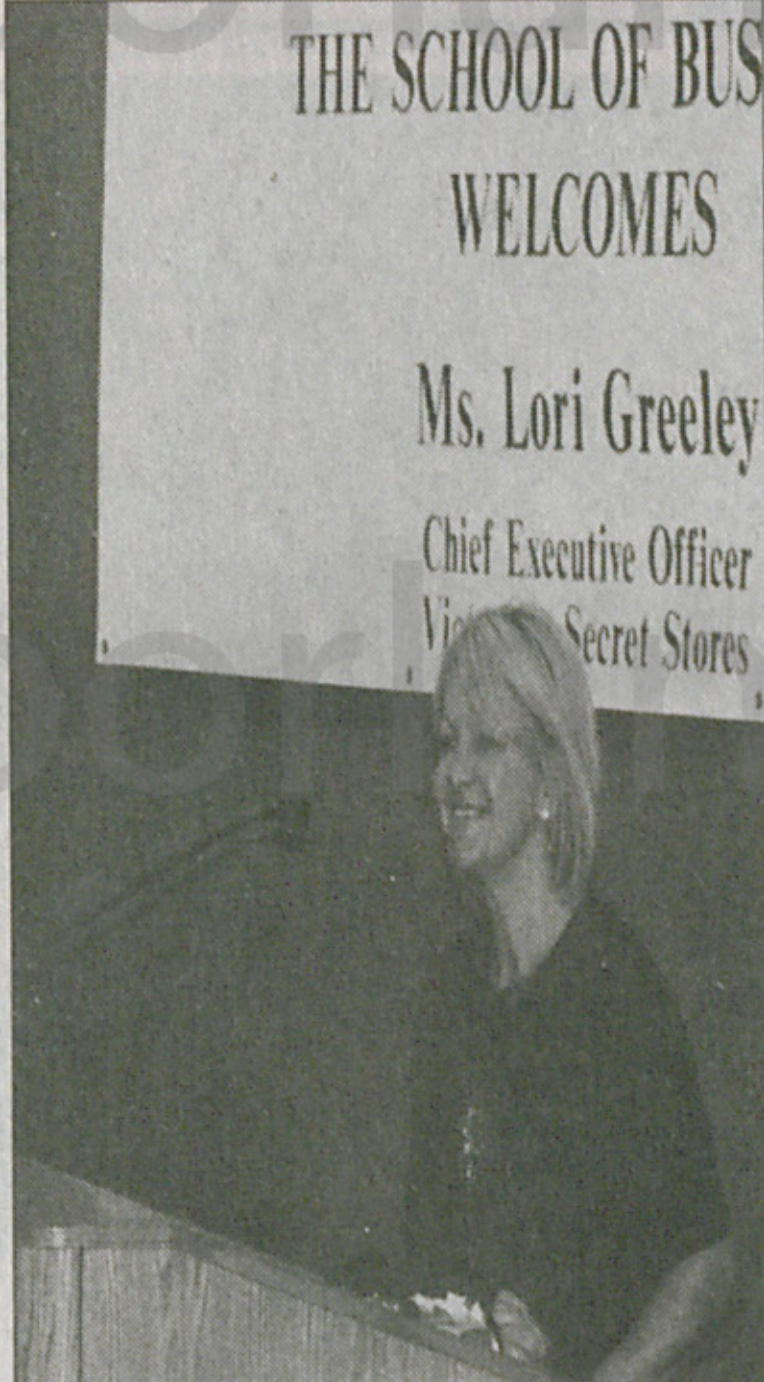
Victoria's Secret CEO Visits Campus, Brings Pink HBCU Line

BY TERRA JOHNSON
Contributing Writer

Howard's school colors may be red, white and blue, but the HBCU's students can now find themselves sporting a shade of PINK.

Students and faculty of Howard University's School of Business listened as Victoria's Secret's CEO Lori Greeley discussed a new clothing line for HBCUs on Tuesday, in the School of Business auditorium. The new line will be a part of Victoria's Secret's PINK brand that already offers apparel for schools such as the University of Alabama, Boston College, Penn State University and Texas A&M University.

Just 31 colleges are offered apparel with Victoria's Secret, but with the



Bree Gant - Staff Photographer

Lori Greeley, Victoria's Secret CEO, discussed choosing retail professions.

recent "Choose Your School" application provided on the company's Web site, students have the opportunity to vote for their schools to be included.

Greeley was introduced by Jonathan Savoy, vice president of merchandising planning for the Victoria's Secret company and 1988 alumnus of Howard University. Savoy, who is also an active member of Howard University's Business Advisory, spoke briefly on the promising students the college produces. "There's nothing like Howard University," Savoy said.

Members of the company were at Howard University to discuss their new clothing line and to speak with Howard students about careers at Victoria's Secret and the business world at large.

"I really admire the rich history on this campus," Greeley said. "We have a shared passion."

The program focused on five central points including "My journey," "Making Movies," "The Brand," "Careers in Retail" and "Question and Answer." Greeley encouraged the business students to "listen to what is in [their] hearts during [their] journey."

"Focus on the things you enjoy, be true to yourself, and build on your natural strengths when choosing a career," she said.

Greeley also left the students with valuable information on internships with the company, the company's values and encouraged them to choose a career path in retail.

Before opening the floor to questions, Greeley introduced PINK's new line with Howard University apparel. "PINK is bringing fashion to college gear," she said. "I'm sure most of you like to wear comfortable clothing, sweats and



Bree Gant - Staff Photographer

After a long summer of petition-signing by HBCU students, PINK finally unveiled its new apparel catered to Howard University students.

T-shirts."

Both Greeley and Asia Smith, president of the School of Business undergraduate student council, gave the students a sneak preview of the Howard University apparel which will include socks, T-shirts, shorts and sweatshirts.

The new line will be open to all students in the middle of December. Greeley smiled as she heard the students' positive responses to the clothing.

"I think it's a great idea," said sophomore hospitality management major Kiara McCoy. "It's a way to attract more Howard University students. A lot

of Howard females like PINK and shop there."

Many students felt that the program was beneficial to all business students, not just freshmen.

"I think it was beneficial to all students because whether you're a guy or a girl, you're into Victoria's Secret," said Wesley Buffalo, a junior management major. "Girls like to wear the product and guys like to see the product being worn."

Dean Barron Harvey, Ph. D., of the School of Business, gave closing remarks and invited Greeley to join the 21st Century Advantage Program and gave

her a plaque of honor. A plaque with her picture will be placed on the CEO wall of fame in the School of Business following the event.

Victoria's Secret was first started in 1977 by Roy Raymond in San Francisco, Calif. The lingerie company, which was first privately owned, was sold to The Limited brand in 1985.

Today, the brand has expanded to much more than lingerie and can be located nationwide in malls and numerous Victoria's Secret stores.

Pre-Law Conference Scheduled Today With Over 100 Law Schools

BY TAHIRAH HAIRSTON
Staff Writer

For students who may be considering a future career in law, the 2nd Annual Mid-Atlantic Pre-Law Conference will be hosted today.

Representatives from Harvard, Georgetown and Stanford will be in attendance as well as representatives from other top law schools across the nation.

There will be representatives from over 100 law schools and recruiters from highly ranked law firms. The Pre-Law Conference is scheduled from 9 a.m. to 5 p.m. in the Armour J. Blackburn Student Center.

It is hosted by Howard University's John H. Johnson School of Communications Student Council in collaboration with Recruit for Law School, Inc.

"The council is grateful to provide such rare opportunity to obtain information and meet admission deans and directors," said Andrew Jones, president of the School of Communications Student Council.

The conference will include panel discussions, workshops, information on admissions for law schools and a lun-

cheon with the keynote speaker, Richard E. Wiley, who is the managing partner at Wiley Rein, LLP and former chairman of the Federal Communications Commission.

"Last year I got to go to a few law schools and programs," said junior legal communications major Isaiah Adams. "I got the opportunity to receive much information about the admissions process and being a part of the law program."

Like Adams, many students are interested in the opportunity and information that the conference will offer.

"I want to be a prosecuting attorney in the criminal justice system," said legal communications major Janell Heggins. "The Pre-Law Conference will help me to become informed on what I am getting myself into. Hopefully I will find the law school of my choice."

The Pre-Law Conference is open to the public. However, the luncheon, which will be held in the Reading Lounge at 11 a.m., is an invitation-only event. Students may register online at www.vadvisormag.com.

"If you have any interest in the law field the conference will be beneficial to you at some point," said Adams. "Explore your options. Even if you are kind

of contemplating law, you should check it out."

The attire for the event is specified as either basic business casual or full business attire.

"It is important to show professionalism, this is the type of environment where you can trade business cards," said Noelle Motley, media relations director for the School of Communications Student Council.

She continued, "There are many networking opportunities available."

"The conference will better my knowledge in the law field," said Verice Williams, a freshman political science major. "I will gain insight on getting into law school and becoming a successful member of the law society." Williams has interest in Columbia, Georgetown, and Yale as future law schools.

"It is open to the public and it is free," Motley said. "Freshman and sophomores, we want them to be able to see their opportunities to their future careers."

She continued, "Juniors and seniors will be the most excited, but we encourage everyone to come out and see what the conference is all about."



Photo By Mary Godie

Ms. Brannon is one of the many familiar faces on campus whose job may be unknown.

UNSUNG HEROES: Ms. Brannon

BY MARY GODIE
Contributing Writer

Eager to help and dedicated to her job, Ms. Brannon from the Blackburn restaurant works hard everyday so that students and faculty will not leave her line without having a smile on their face.

"Is that all your having today?" Brannon asked a member of the faculty as she looked at the food on her plate, a question she poses quite often showing her sincerity. "You aren't eating too much today."

Brannon said she knew that was not the normal amount of food that particular faculty member usually gets. "She must have a Chick-fil-A sandwich waiting for her somewhere," she said.

To some, the name Ms. Brannon might ring a bell. But to others, her consistent smiling face at the register in the Blackburn restaurant is the only way to perhaps jog memories.

It is too often that those who make others smile on a daily basis go unrecognized.

Students have probably encountered Brannon several times throughout their matriculation at Howard. Most likely, they were in a rush to sit down and eat, or just did pay attention. However, Brannon gives each and every person who passes through her line her undivided attention because she deeply cares about the well being of the student body.

Brannon has lived in the district her entire life and is no stranger to Howard. As a part of the food service program, she has worked for both Daka and Sodexo, the companies which supply the food at Howard, for

the past 15 years. She has definitely seen Howard through its many ups and downs over the years.

"[Howard] could be a lot better for the students," Brannon said.

Often times, students do not take the time to truly acknowledge those who are working behind the scenes in to help their college careers run smoothly. But, Brannon said, "A lot of people are very nice. Not many people have disrespected me."

She describes herself as a "people's person."

Outside of work, Brannon has bigger responsibilities as well. "I'm a mom," she said. "My daughter is in college." She strives to wake up each morning in a good mood in order to be happy all day long and provide the very best customer service.

"It never hurts to be friendly," Brannon said. "I try to know everyone. It does not cost anything and my grandmother always used to say 'hugs make everyone's day.'"

Her grandmother's insightful words are reflected in Brannon's daily interaction with students and faculty. Both are sure to be in a positive mood after passing through her line.

Above all, her compassion and concern for the students makes her even more likeable.

"Scholarships should be allowed to all people, all over the world," Brannon said. "I hope that all students at Howard University get the education they deserve and need to prosper and graduate."

She continued, "I want that their graduation and Homecoming are what they expect and hope."

Today on Campus:

Pre-Law Conference
Blackburn Center

9 a.m.

Noon Fine Arts Series
Art Gallery, Blackburn Center

12 p.m.

Faculty Meeting with President Ribeau
Auditorium, School of Medicine

3 p.m.

Reflections on 2008 Presidential Race
The Forum, Blackburn Center

6 p.m.

HUSA to Distribute Funding

Organization funds to be decided under executive order

Cont'd from front, **FUNDS**

the HUSA Policy Board.

"Last year the organization did go out earlier," said Jerome Joseph, a junior biology major and General Assembly member. "I'm disappointed in the body. I was one of the people that had to sit there one or two hours waiting for three members to show up."

The Oct. 15th General Assembly meeting would have reached quorum if three more members had shown up. It was the decision of the chair, Edward Hill, to wait to see if anybody else would arrive.

"It was shortcomings on both sides," Joseph said. "HUSA should have put the organizational funding out earlier. We should not have failed to meet twice. This

is a failure of HUSA itself."

"Is it ever constitutional for the executive branch to issue an executive order over fiscal budget?" Williams asked.

According to Owen, the grievance is "holding [him] back from making [HUSA] a functioning body of government."

"We are supposed to serve as the eyes, the ears and the voice of the student body," Owen said. "If we cannot do that, then what is our purpose? What is our purpose?"

According to Chair of the General Assembly Finance Committee, Brandon Montgomery, and Owen, this lack of an approved funding has never happened before.

Montgomery revealed that the finance committee did approve the budget. According to

Montgomery, attendance was the main issue, which was then left to Owen to handle.

"They could not get their act together so I had to step in and do it for them," Owen said. "It's all about the students."

He continued, "We're not operating to our best abilities. Organization funding should have been released in September. You're telling me that they have to keep waiting. They are struggling for funding."

Owen was challenged by Talley on whether he thought the event was even constitutional.

However, School of Communications Student Council President Andrew Jones advised the two to act in the interest of the students, and not the constitution.



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ON CAMPUS
Wednesday, October 29

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Personal Music Players May Cause Hearing Loss in the Future

BY CHELSEA TAYLOR
Contributing Writer

Benjamin Jeffers, a second-year transfer student, was robbed on 12th & V Streets one week into his first year at Howard University.

"I was listening to my iPod as loud as it would go," Jeffers said.

Students are warned from the moment they set foot on campus that listening to loud music does not allow them to be fully aware of their surroundings.

Personal music players have become nothing short of necessary for the average college student.

Walking to and from class and on the Metro and shuttles, it is easy to find students with headphones planted in their ears.

Freshman Rodrick Holmes was hard to stop for an interview as he shouted "I ain't scared!" to no one in particular while strolling down Bryant Street.

"Sorry, that was my favorite song," said Holmes. "I always listen to my music loud because I like to drown out all the noises around me."

Although young adults are known to blast their music, research suggests that their parents were on to something when they told them to turn it down.

Researchers find that although loud noise in general is damaging to the eardrums, personal music player listeners are at risk of losing their hearing.

According to 4Hearing-Loss.com, a Web site dedicated to



Excessive use of personal music players has been shown to gradually damage eardrums. According to Susan Doucette, an audiologist with Legacy Health System, the popular earbud-style headphones should only be used for around 30 minutes at a moderate volume.

the "news and reviews" of hearing, noise-induced hearing loss occurs in response to excessively loud noise. It usually develops slowly and without symptoms.

If exposure to loud noises occurs gradually over enough time, the victim may not even realize their hearing is fading.

"Sometimes my ears are ringing after I listen to my iPod

for a while," said Katrina Voss, a freshman undecided major.

Voss said that she is generally cautious of loud noises, but admits she isn't very careful when listening to her music.

"I just love my music loud, and sometimes, even at its loudest, I can still hear the people talking behind me on the Metro. It's frustrating," Voss explained.

There are two factors that must be considered when judging the effect of personal music players on the listener: the volume of the music and the amount of time the user listens.

According to Susan Doucette, an audiologist with Legacy Health System, as earbud-style headphones become popular, the safe daily dose of listening

at moderate levels may only be around 30 minutes.

"The longer music is played, even if played at a reasonable level, the more our hearing is exhausted," Doucette said.

"Just as you can blow out an electrical circuit by overloading it, these vibrating hair cells can be overexcited by too much noise," she explained.

According to Doucette, the result is a temporary condition known to doctors as threshold shift, which is accompanied by a stuffy feeling in the ears, dulled hearing and ringing in the ears, called tinnitus.

The European Commission recently released a report identifying the health risks of listening to loud noises on personal music players.

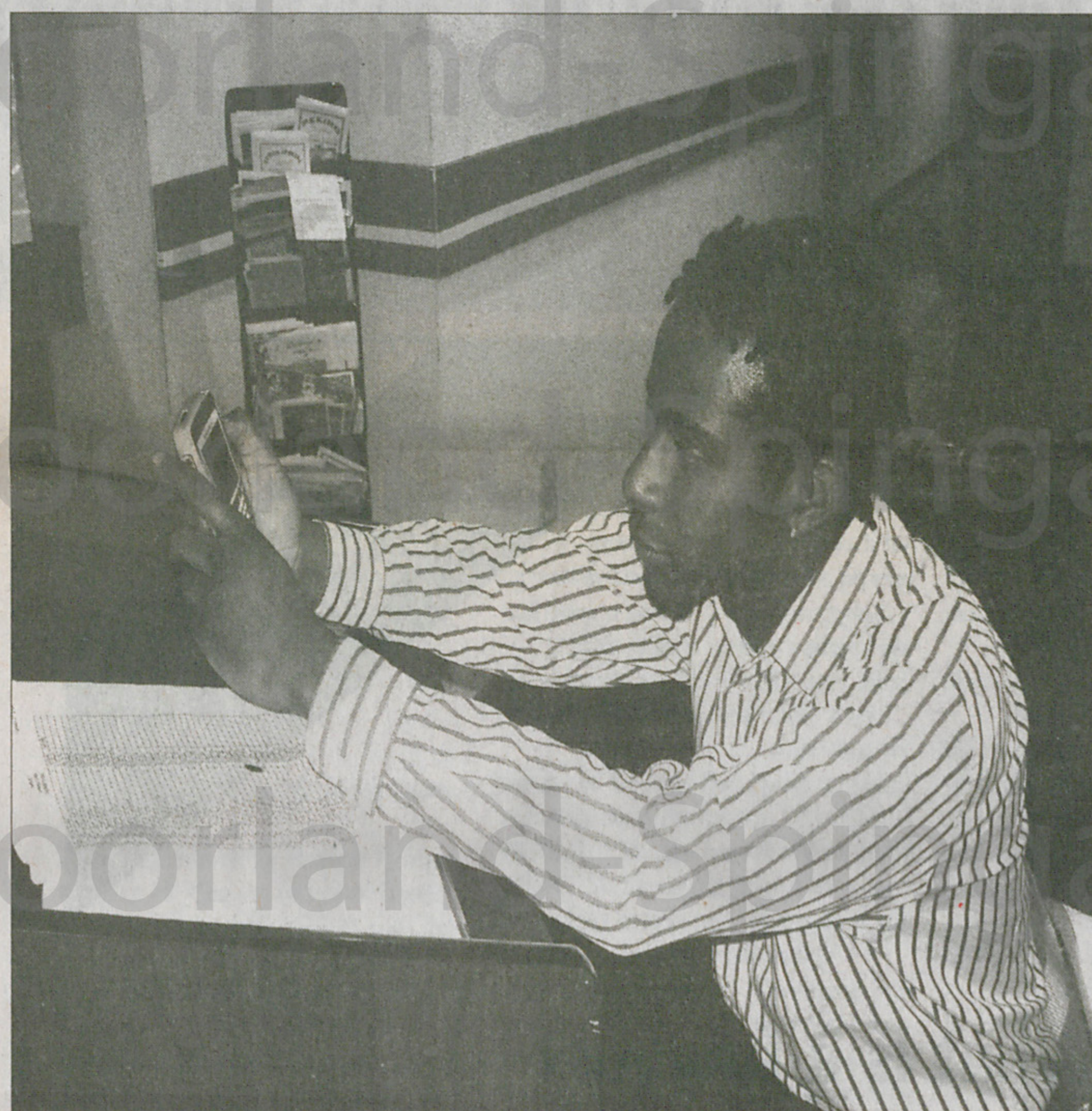
The study reported that the sound of fluttering leaves measures 20 decibels, while an airplane taking off can reach up to 120 decibels, peaking at the painful threshold of 124 to 140 decibels. Most personal music players can reach from 80 to 115 decibels.

The study also stated, "Considering the daily (or weekly) time spent on listening to music through personal music players and the typical volume control settings, approximately five to ten percent of the listeners are at high risk of developing permanent hearing loss after five or more years of exposure."

Doucette says that the best way to protect hearing is to limit both the decibel level and the duration of exposure.

"It's also important to remember that the effects of noise exposure are cumulative over your life," Doucette said.

"Ears damaged by one episode of loud noise do not return to their normal pre-noise baseline," she added. "The next time abnormal noise exposure occurs, fresh damage is superimposed on the existing deficit."



Some texters have found traditional 10-key cell phones put more stress on joints than full keyboards do. Using phones such as a Blackberry, which features a full keyboard, is a less taxing option.

Texting Could be the Reason for Joint Aches, Pains, Compliants

BY ALEXIS COOK
Contributing Writer

Recent studies have linked all that texting on Sidekicks, checking e-mails on Blackberry phones and selecting songs on iPhones with joint stress injuries.

"Blackberry thumb" is an ailment associated with the use of the popular smartphone.

Symptoms include stiffness or pain in the thumb or joints of the hand.

"In my practicing, I do not have people specifically saying 'I have problems because I've been texting.' That doesn't mean it doesn't exist; that means we do not have enough evidence to prove this," said Jennifer Wolf, MD, spokeswoman for the American Academy of Orthopedic Surgeons.

"I have had a few people complain," Wolf said. "I have

patients who complain in passing, who come in for other things, but while they are there they will say 'My thumbs hurt' or 'My hands hurt.'"

Amirah Bey, a sophomore print journalism major, said devices such as the Blackberry are not the problem, but rather smaller phones that rely on the traditional 10 keys.

"My thumbs cramp up," Bey said. She uses an L.G. Shine phone for texting.

"I think that a lot of people with Blackberry phones and Sidekicks complain, but my keypad is no longer than an inch wide, and I'd rather have a Blackberry," she added.

AT&T sales associate Naje Owens also finds that the type of phone used may impact joint stress.

"I have people who complain about texting using slide phones, but people who have a whole keyboard complain less,"

said Owens.

"PDAs make it ... less [of an] issue, but it's no more than a word of having a regular keyboard at home," Owens added.

Rodney Hawkins, a sophomore broadcast journalism major, owns a Sprint Fusic phone.

He said that although he doesn't currently feel any joint pain, he may in the future.

"I feel in the future I will get arthritis, because once I get my iPhone, it's probably going to get worse," Hawkins said.

Bey, who has an unlimited text messaging plan, has said pain in her fingers has impacted her phone use.

"It does affect the amount that I text," Bey said. "There have been times that I started to text, and I've been, like, 'Oh, forget this.' I've become a lot more of a caller."

New Technology Eases Breast Cancer Treatment

BY ANASTACIA MEBANE
Contributing Writer

There are thousands of newly reported breast cancer cases in women — and sometimes men — each year, but fortunately, those affected by the disease can receive individualized treatment.

"Every individual's treatment is based on a variety of factors, like tumor size, tumor location, lymph nodes and other organs," said Dr. Holly Marshall, a radiologist at Northwestern Memorial Hospital said. "It also depends on what the patient desires."

There are numerous surgical procedures that male and female patients can choose as their first line of defense against breast cancer.

Patients can choose to have a lumpectomy, which removes the cancerous tumors, or a mastectomy, the removal of all breast tissue. A lymph-node removal procedure is done when cancer spreads

outside the milk duct and can be done during a lumpectomy or mastectomy.

Common side effects include bleeding, neck and back pain, decreased strength in the arm and shoulder muscles, swelling and risk of infection.

Chemotherapy is a systematic treatment taken as a cycle of pills or injections in the bloodstream. The treatment rids the body of cancer cells that may spread to other body parts.

Chemo affects the rapid division of cells, so cell growth in the mouth, blood and intestines are slowed. Side effects include hair loss, nausea, vomiting and diarrhea.

Radiation therapy uses high-energy radiation to destroy cancerous cells that may linger after surgery. According to BreastCancer.org, radiotherapy reduces the risk of breast cancer by 70 percent.

Soreness and swelling in the treated area, skin sensitivity in the treated area, shortness of breath and coughing are common complaints of patients who

undergo radiology treatment.

Hormonal therapy is effective in treating breast cancer because it keeps estrogen from stimulating the growth of breast cells. Before 2005, tamoxifen was the most popular hormone medication for women with breast cancer, but several clinical trials showed that aromatase inhibitors, like Arimidex and Aromasin, were more effective treatments. Patients often have mood swings, depression, weight gain and hot flashes after using hormonal treatments.

Breast cancer is the second-most common cancer and the second leading cause of death in American women, according to the American Cancer Society. This year, 182,460 women have been diagnosed with the disease.

Men with breast cancer are very rare. They make up 1 percent — 1,900 — of new cases or diagnoses in 2008.

Men and women develop similar types of breast cancer and often receive similar treatments.

The most common form of

breast cancer found in male and female cases is infiltrating ductal carcinoma, which originates in the ducts of the breast and spreads to the surrounding tissue.

Lobular cancer is the second and most common cancer in women and begins in the milk ducts of the breast. It is rare in men.

Inflammatory cancer is a rare and aggressive form of cancer that appears in the breast's soft tissue and even in the skin.

Paget's disease is the least common form of cancer and looks like a skin rash.

Dr. Marshall advises women to get regular mammograms beginning at age 40 — 30 if you have a family history of breast cancer. Before then, women should conduct self examinations.

New technology that is less painful than traditional treatments will soon be available to women who are screened for breast cancer.

Digital breast tomosynthesis is the new, more comfortable way women

are being screened for breast cancer. DBT provides a 3-D image of the breast with gentle pressure.

"The squeeze is the one of the big reasons women putting off getting their mammograms," said Dr. Marisa Weiss, director of breast radiation oncology at Lankenau Hospital in Pennsylvania and founder of BreastCancer.org.

Doctors believe that mammograms have lead to the early detection and breast cancer, which leads to better chances of survival.

"We can now manipulate the image that we have on a TV monitor," Dr. Carl D'Orsi of the Emory Winship Cancer Institute said. "We can change the contrast. We can invert the contrast. We can magnify it. We can de-magnify it."

DBT will be available to most women in a few years. For now, many radiologist use sonograms and digital mammograms to screen for breast cancer. Both women and men can be screened through X-rays and MRIs, also.

Got a story you want to see on this page?
Submit your story ideas to hilltopls@gmail.com

And I Wonder...

- ... why the Student Health Center turns sick students away because they didn't make an appointment.
- ... why John McCain is still campaigning.
- ... how many girls will be Mrs. Officer this Halloween.
- ... why D.C. wind is so serious.
- ... if you've cast your absentee ballot.
- ... once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?
- ... do the Alphabet Song and 'Twinkle, Twinkle Little Star' have the same tune?
- ... why did you just sing the two songs above?
- ... if Kanye West will outsell 50 Cent since they both will release new albums this year.

- by the Hilltop Staff

Caught In Style

Oversized Totes

"... I find stuff that caters to my shape, my body and make it work."



Who: Courtney Thompson, sophomore, Marketing

Where: Calculus class

What are you wearing?

Earrings, NY street vendor
Multi color scarf, Canal Street
Purple shirt, Forever 21
Cream skirt, Marshall's
Bangles, Saks Fifth Avenue, Monique Rochon
Heels, Marshall's
Bag, Louis Vuitton

How would you describe your style?

I feel like I'm unique. I like being different, I like having things that many people don't have. I like being adventurous with my style and I like to keep it classy. I love being classy and keeping it sophisticated sexy ... and representing for the big girls.

Is it harder to find clothes as a 'big girl'?

Heck yeah. But the thing about it, I feel like that makes me work harder in finding cuter [stuff] and I know that I can't wear everything that someone else can wear who's a size 4 ... but I find stuff that caters to my shape, my body and make it work.

What advice would you give to the 'big girls'?

Big girls, let me speak for y'all. Number one, please do not go outside with anything that is too little on. That is my number-one pet peeve. We know we have extra cushion for the pushin', but just don't wear things that are too small for you. Wear things that cater to your shape. ... You don't want anything tight showing off your rolls, bumps and other things that should be hidden. And also with big girls, walk and act like you are the [stuff] because if you don't appreciate your body ... then no one else will.

So you think confidence is a big part of style?

I think confidence is a super-big part. Don't let the clothes wear you — you wear your clothes.

"Accessories are a must."



Who: Sidney Luke, junior, public relations

Caught: On Georgia Avenue

What are you wearing?

Coat, Bebe
Sweater dress, Bebe
Belt, Moschino
Scarf, H&M
Stockings, Macy's
Shoes, Bluefly.com
Bag, Bebe

So you intern with Love [the club]. Have you always been into the entertainment industry?

I'm a model, so it goes hand in hand with each other.

When did you start modeling?

I got my first publication in the winter of 2006, when I was a freshman here.

What's your routine for getting ready in the morning?

I don't really do too much. I wake up, I take a shower, put on my makeup and go to class.

Where do you usually shop?

The majority of my clothes come from samples from showrooms, so either way I'll get the freebies from that, but I love Bebe, American Apparel, Urban Outfitters and Moschino.

How do you intern for a club and go to class too?

I only have classes on Tuesdays and Thursdays, so that leaves me five days that are open and as far as meetings, meetings are only on Monday and Tuesday nights. ... Then I have to go to the club Friday and Saturday nights to help with the door.

What's your favorite accessory?

I love belts, shoes and purses. I know it was only supposed to be one, but those three can actually pull a whole entire outfit together. ... Accessories are a must.

"I tend to shop a lot all the time, so I always have new outfits."



Who: Trina Peterson, sophomore, TV production

Caught: On Bryant Street

What are you wearing?

Red patent leather pumps, Aldo
Gray bootcut jeans, Guess
White button-up, H&M
Gray, blue and white striped vest, Forever 21
Bag, unknown
Necklace, Juicy Couture
Bangles, Juicy Couture
Gold and diamond studs

What made you transfer to HU?

Actually, a lot of the alumni coming out of the theater department and the communications department that I was introduced to [inspired me]. I met with them and I saw that they were all successful. Not necessarily rich, but successful and happy doing what they were doing, so I decided this was the place for me to come.

Has it lived up to your expectations?

As far as education and opportunity for me it has lived up to it; being a part of the TV network station and a couple of other organizations on campus, it's lived up. People pump up the party side, but I'm from California so the party side is whatever.

Did you get a lot of new outfits for Homecoming?

I tend to shop a lot all the time, so I always have new outfits.

Do you want to model here at Howard?

No, I modeled for money at home, but it's not a career choice.

- Photos and interviews by Eboni Washington, Contributing Writer

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DYNAMIC
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MR. D
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SOBA Maxine
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Children Chise

Dance:
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Endes of the Nile
Hadi Ahmed
(Nubian Music)

Comedy:
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20059

November 1, 2008

Doors Open @ 6PM

Showtime @ 7PM

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The Washington Post & Howard University
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One Vote Counts, We Want to Hear from You

Casting the ballot...Two generations...Two campaigns...One election

November 4, 2008 will mark another historic moment in American political history. Either the first Black president or female vice president will be elected. Many voters never imagined they'd see either happen in their lifetimes. Join us for a night of entertainment and a panel discussion about the historical importance and other topics related to the 2008 presidential election.

October 29, 2008

6:30 p.m. - 8:30 p.m.

The Washington Post Community Room
1150 15th Street, N.W.

Special Guest Host, Will J. Hall of WPGC
Channel 95.5

Moderator, Janette Dates, Dean of the John H.
Johnson School of Communications

Panelists will include:

Dr. Ivory Toldson, Professor Howard University
Dr. Lynn Jennings, Congressional Black Caucus Member
Ashley Barbera, President of College Republican National Committee
Matthew S. Manning, Howard University Student
Cory L. Scott, Howard University Student

There will also be a viewing of democratic candidate Barack Obama's prime time address to the nation at 8:00 p.m.

This is a FREE event, and refreshments will be served
For more information, contact inmylifetime08@gmail.com

Karlos Whittaker Allows Football to Be His Guide

BY TENI-OLA OGUNJOBI
Staff Writer

Sometimes senior Karlos Whittaker can be seen walking around campus listening to music while drinking a strawberry milkshake.

However, most of his time and effort is spent perfecting his football talent.

Whittaker joined the Bison football team in 2006 after transferring from the Naval Academy in Maryland as a running back.

He said he was constantly stressed out at the Academy but wanted to continue playing in the D.C., Maryland and Virginia area, so he came to Howard.

During his first year, he shook off knee problems to finish fourth on the team in rushing and second with three rushing touchdowns.

For his 2007 season, Whittaker led the team with five rushing touchdowns and finished third on the squad in total yards.

"He's an exceptional talent," said head football coach Carey Bailey. "When he's running on all cylinders, he is hard to contain."

Now, as a seasoned player, Whittaker admits that there is no room for small mistakes. He spends a lot of time running to become faster and also lifts weights and works on ball control.

"I have to build my endurance and stamina for the games," Whittaker said.

Unlike some players who clash with coaches and even with team members, Number Four has no problem grasping the team-player concept.

"Although I think our team unity needs to be a lot stronger, we do spend time together and get along well," Whittaker explained.

"As for my coaches, I respect them. I never have a problem with following directions," he added. "I know they are telling me something to make me and the team better."

Though he may not be the most vocal player, Whittaker has taken a



Karlos Whittaker, a senior Bison, stiff arms a Morgan State defender. "Playing football allows me to get away from all the stress and problems in my life," he said.

leadership role on the team.

"He has great character. He is more a leader by example than vocally," Bailey said.

"Los is a good leader, great player and fun to be around. He leads by example. His plays show his great leadership because he steps up to the plate on so many levels," said Willie Carter, a freshman teammate.

Football is a major aspect of Whittaker's life. Even with the difficulties he finds when juggling school, life and playing the game, he never quits.

"Playing football allows me to get away from all the stress and problems in my life," said Whittaker.

Inspired by watching professional athletes as a child and wanting to one day go pro, Whittaker said that his desire to

entertain and be the athlete on the TV screen is what drives him to accomplish his goals.

"Watching my favorite team, the Cowboys, and players like Alvin Harper winning made me want to do that when I grew up," explained Whittaker.

Whittaker's short term goal is becoming the first person in his family to graduate from college. This is something that Whittaker holds dear to his heart.

He also wants to turn the Bison's current season around so that they can set the tone for next year.

Whittaker says he wants to be happy, rich and travel the world.

He has plans to take his degree in economics and go to graduate school if his dreams of playing in the NFL are deferred.

Sports Briefs



Bison Women's Soccer

The Howard women's soccer team put together one of its best performances of the season on Senior Day, scoring a clutch goal while shutting out NJIT in double overtime, 1-0 on Sunday afternoon at Greene Stadium.

Prior to the start of the game, seniors Elizabeth McDaniel, Jessamyn Perkins, Meghan Nick and Natalie Williston were honored for their careers with the Lady Bison.

With the win, Howard improved its record to 4-10, with a conference record of 3-2. The shutout was the third of the season for the team, with Perkins once again strong in the net, playing all 110 minutes and making eight saves.

Williston scored the game-winning goal for HU after putting one past Highlander keeper Sadie Mele on an assist from Rachael Lee at 104:44.

Howard now awaits its seeding for the USC Tournament, slated for Nov. 1 and 3 in Farmville, Va.

Bison Volleyball

The Howard volleyball team lost a heartbreaker to Delaware State in five sets, 3-2 (18-25, 25-13, 25-14, 16-25, 16-14), Sunday afternoon at Burr Gymnasium. With the loss, the Lady Bison fell to 12-15 (6-2 MEAC).

Despite the loss, two Bison recorded double-digit kills in the match: sophomore Gazelle d'Artois and freshman Gabrielle Martin. D'Artois registered 12 kills, seven digs and four kills while Martin had a team-high 14 kills. Freshman setter Grace DeMichelis recorded a double-double of 36 assists and 12 digs.

Freshman Taylor Johnson chipped in seven kills with a .357 attack percentage. Senior Elyssa Lee added six kills, two digs and two block assists. Sophomore libero Nicole Brown dug out 16 balls.

Howard took the first set before Delaware State rebounded and hit .200 and .346 in the second and third sets, respectively.

For DSU, Sarah Wheatcroft (11 digs and 20 set-assists) and Martina Ferrari (13 digs and 15 set-assists) each recorded double-doubles, while junior Cassandra Joyner had a match-high 17 kills. Wheatcroft also had a match-high five block assists.

- by Deontay Morris, Sports Editor

New NBA Season Tips Off With Strong Contenders

BY DEONTAY MORRIS
Sports Editor

The 63rd NBA season tipped off last night. Here is a preview of some teams that are expected to contend for the NBA championship.

WASHINGTON WIZARDS

Coach: Eddie Jordan.

Last season: 43-39, second in Southeast; lost to the Cavaliers in first round.

Key contributors: Guard Gilbert Arenas (injured), G DeShawn Stevenson, forward Caron Butler, F Antawn Jamison, center Brendan Haywood (injured), G Antonio Daniels, G Juan Dixon and C JaVale McGee.

Key stat: Butler ranked fourth in the league last season in minutes played (39.9).

Outlook: When healthy, the Wizards figure to be a formidable bunch, but Arenas will miss at least the first month of the season, and Haywood will miss at least four to six months because of injuries. The offense sputtered during the exhibition season without Arenas. "We really had some scoring droughts," Jordan said. "So that punch is what you really miss when he's not in there. That is why we need to have our young guys develop."

LOS ANGELES LAKERS

Coach: Phil Jackson

Last season: 57-25, first in the

West; lost to Celtics, 4-2, in NBA Finals.

Key contributors: G Derek Fisher, G Kobe Bryant, F Vladimir Radmanovic, F Pau Gasol, C Andrew Bynum, G Jordan Farmer, F Luke Walton and F Lamar Odom.

Key stat: Bynum averaged 13.1 points and 10.2 rebounds in the 35 games he played last season, but averaged 17.3 points and 12.2 rebounds in the six games before he suffered a season-ending injury.

Outlook: The Lakers toyed with the idea of bringing Bynum off the bench, which would mean that Gasol would start at center rather than power forward. Jackson has been working to make this even more of a running team than it was last season and the concern is that playing the two 7-footers together might slow down the fast-break offense. But it looks as though Bynum will start, which will allow Odom and Farmer to lead an uptempo second unit.

BOSTON CELTICS

Coach: Doc Rivers

Last season: 66-16, first in Atlantic; beat the Lakers, 4-2, for NBA championship.

Key contributors: Possible starters are G Rajon Rondo, G Ray Allen, F Paul Pierce, F Kevin Garnett, C Kendrick Perkins, G Tony Allen, G Eddie House and F Glen Davis.

Key stat: Boston led the league in opponents' field-goal percentage last

season (41.9 percent)

Outlook: The Celtics thought that holding training camp last season in Rome was beneficial as a bonding experience but after their championship run, no introductions are necessary this season. Pierce said the team was way ahead on the learning curve this time as the players know each other's strengths, weaknesses and tendencies. "Last year, we were trying to learn each other," he said.

DETROIT PISTONS

Coach: Michael Curry

Last season: 59-23, first in Central; lost to the Celtics, 4-2, in Eastern final.

Key contributors: G Chauncey Billups, G Rip Hamilton, F Tayshaun Prince, F Amir Johnson, C Rasheed Wallace, G Rodney Stuckey, F Antonio McDyess and F Jason Maxiell.

Key stat: The Pistons, who have recorded seven straight 50-victory seasons, gave up a league-low 90.7 points per game last season.

Outlook: The Detroit players admitted to being challenged during the exhibition season by Curry's new offensive system that allows for either guard or even the small forward to initiate the offense. That way, opposing defenses can't just key on one player. Billups has given it his stamp of approval. "Sometimes in the last couple years, we've been a little too predictable offensively," he said. "There's a lot of freedom [now]."



Kevin Garnett (top left) and Kobe Bryant (top right) are both hoping to be in the NBA finals again. Chris Paul (above left) hopes to lead his team the Western Conference finals.

TODAY IN SPORTS HISTORY

October 29, 1987

Thomas Hearns wins his fourth different boxing title in a different weight class.

Courtesy of www.todayinsports.com

Sports Trivia!
Who won the MLB's first World Series in 1903?

Answer:
The American Pilgrims defeated the Pittsburgh Pirates.

Daughters of Breast Cancer Make Themselves Aware, Hope for Cure

BY OMARI EVANS
Staff Writer

Breast cancer may be one of the oldest forms of cancer found in humans. In 1600 B.C., Egyptian doctors used cauterization, or burning the body, to treat breast cancer patients.

Since the days of practicing medicine in early Egypt to now, there have been major advances in the methods practitioners use for the treatment of breast cancer.

Georgian Court University freshman Mica McCullars witnessed her mother fight breast cancer and has made herself aware of advancements.

"The most significant [advancement] is in prevention," McCullars said. "I feel like since more people know about it and are informed, they're more likely to find it in an earlier state and get more treatment."

At a young age, plant estrogen — which can be found in soy bean foods — may protect against breast cancer later on in life. However, if the hormone is taken after adolescence, it may not make a difference.

There is also breast cancer genetic testing and screening, commonly known as a mammogram, which is a main source for

prevention. Mammograms allow women to find breast cancer early — up to two years before a lump on the breast can be felt.

"It's always good to get a screening," McCullars said, "because it may be too late by the time a lump on the breast is felt."

Removal of the ovaries may also reduce breast cancer by 60 percent and reduces ovarian cancer by about 96 percent.

If the case is dire, it is possible to remove the entire breast, otherwise known as a mastectomy.

Non-profit groups such as the National Breast Cancer Coalition (NBCC) have also led the path towards advancements through legislative ends. They were able to get \$2.1 million in federal funding for breast cancer research under the Department of Defense (DOD) Breast Cancer Research Program.

There are even natural methods to check for and properly prevent breast cancer.

Freshman political science major Jamila Greene said, "My doctor would always do a breast cancer check and showed me how to do it in my spare time."

She performs a self-administered breast exam every couple of weeks.

Greene also stated that a



Karen Sherlock - Milwaukee Journal Sentinel (MCT)
Sandy Pelzek, right, had been getting regular mammograms since her mid-20s, but an MRI revealed she had breast cancer. To date, the disease has no cure.

friend of the family who was diagnosed with the disease has been able to fight cancer with the help of chemotherapy. Chemotherapy is the use of drugs to treat cancer cells.

There is no cure or vaccine for breast cancer, but McCullars hopes to see something in the fu-

ture. "Ideally you want there to be a cure or vaccine to prevent breast cancer from occurring," she said. "But realistically, you have to hope that people are more informed about the risks and causes and making sure that it is caught while it is still treatable."

Breast Cancer Awareness Month: Prevention & Knowledge

Beyond Chemotherapy: Alternative Cancer Treatments

Although there is no cure for breast cancer, there are alternative methods to dealing with the pain and stress of cancer and chemotherapy.

- **Acupuncture** – Hundreds of tiny needles are inserted throughout various points of the patient's body. Studies show Acupuncture relieves nausea brought on by chemotherapy.
- **Biofeedback** – Cancer patients train themselves to control a multitude of body functions including heart rate, blood flow and muscle tension. Therapists in the Biofeedback field utilize electronic devices to monitor specific body functions. The device uses beeping sounds or flashing lights as cues that either the heart rate is slowing, or muscles are becoming more relaxed.
- **Exercise** – Good old-fashioned exercise is also helpful. A consistent light workout can help to manage signs and symptoms during and after cancer treatment. Exercises should be gentle such as a light swim or short walk.
- **Hypnosis** – A therapist may talk in a gentle voice or get the patient to talk about their goals. Hypnosis can be very helpful for people with cancer who are experiencing anxiety, pain and stress.
- **Massage Therapy** – The kneading and rubbing of sore muscles and tendons is beneficial for breast cancer patients. The massage therapist promotes relaxation and releases anxiety, fatigue and stress.
- **Tai chi** – Tai chi is a form of exercise that incorporates gentle movements and deep-breathing. Practicing tai chi may help to relieve stress. It may also be helpful if patients are having difficulty sleeping at night.

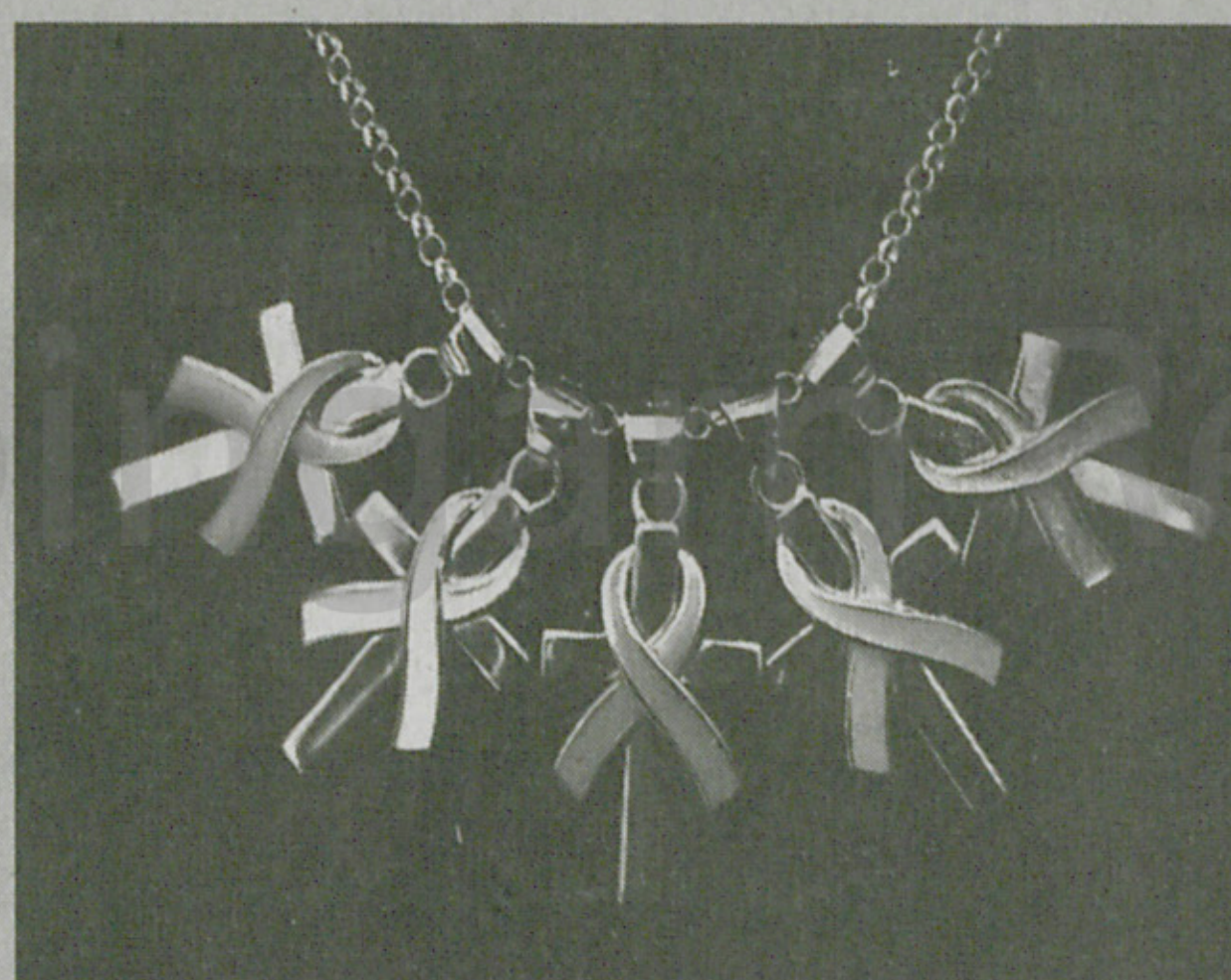
- Compiled by Amirah Bey, Contributing Writer
Sources: Mayo Clinic & WebMD

Women are not the only ones affected by breast cancer...

When people think of breast cancer, images of women and pink ribbons may come to mind. Although rare, men can also fall victim to breast cancer.

- Breast cancer in men is about 100 times less likely than in women. Survival rates between the genders are about equal.
- 1 in 1,000 men are likely to be breast cancer patients.
- Great men such as Richard "Shaft" Roundtree, who was diagnosed with breast cancer in 1993, fall under this 1/10th of 1 percent of men.
- The American Cancer Society estimated that 1,990 cases of invasive breast cancer will be found among men in 2008.

- Compiled by Omari Evans, Staff Writer
Source: www.cancer.org



Corey Lowenstein - Raleigh News & Observer (MCT)
"Hangin' on Faith" ministry and jewelry hopes to inspire people who suffer from breast cancer as well as other forms of the disease.

Through the Eyes of a Nation & World Editor...



Top 5 Overlooked News Stories of the Week

5. In an interview with Campbell Brown of CNN, **Charles Barkley expressed his interest in running for governor of Alabama**... the NBA retiree told Brown that he plans to run for office in 2014 because, "I can't screw up Alabama... We are number 48 in everything and Arkansas and Mississippi aren't going anywhere." If former actor Ronald Reagan can be president of the United States, former body builder Arnold Schwarzenegger can be California's governor and if former beauty queen Sarah Palin can run Alaska and attempt to be vice president then why can't Charles Barkley be governor of Alabama?! I hear Jay-Z is running for mayor of New York along with Michael Bloomberg and Dwayne "The Rock" Johnson plans to be Mayor of Hawaii (kidding).

4. According to AOL's Blackvoices.com, **a desperate McCain supporter faked black attack**. Ashley Todd, a resident of Pittsburgh, Pa., claimed earlier in the week that she was attacked and mutilated by an Obama supporter who carved the letter "B" on her face. She originally said this "assailant" attacked her because of her McCain-Palin bumper sticker. She later confessed that she made the story up and apparently carved the backwards "B" on her own face...these are the coo-coo supporters McCain is so proud of. Not only did this lady blame her psychotic episode on an Obama supporter, but she couldn't even come up with a believable story. She had on smeared eye make-up to represent a black eye, she refused medical treatment, the red "B" on her face was more like a welt than a cut and she insisted that the backwards "'B' carving" took place away from the ATM camera's that she was supposedly by. She's nuts.

3. According to the *Associated Press*, **a Florida school may drop a Confederate general's name**. In Jacksonville, Fla., the administrators and the Duval County School Board will meet next week to decide whether to keep or change the name of Nathan Bedford Forrest High School to Firestone High School. Forrest High has a majority black student body, but is named for "a millionaire slave trader, a ruthless Confederate general and an early Ku Klux Klan leader," according to the *Associated Press*. Apparently, this school wasn't always majority black; so I suppose when it was all white, the name was OK? I agree that the name should be changed, but the circumstance around it doesn't please me. The debate over this name only came up after the whites had taken flight? I guess they never intended on black students attending that school anyway. Maybe they were banking on the racist history of the school's namesake never being a problem because the blacks would probably be attending their local Booker T. Washington High School anyway, which is probably located on or near MLK Boulevard/Street/Avenue/Drive, right? (I honestly think Booker T. Washington is one of the only high schools that can be found all across America named after a black man, and of course, in every African-American neighborhood, there's always an MLK street.)

2. *USA Today* reports **15 percent of female veterans tell of sexual trauma**...The report says that one out of seven female veterans of Afghanistan or Iraq who visit a Veterans Affairs center for medical attention report being a victim of sexual harassment or assault during active military duty. How sad is this? Not only do these women have to be just as tough and courageous as the men they serve alongside with, but they also have to be watchful for possible sexual predators amongst their own comrades. Not only are they risking their lives daily, but many of these women are coming home with post-traumatic stress disorder and/or other mental conditions. An alarming number of them have been sexually victimized by a higher ranking officer or a colleague. The U.S. armed forces needs to do more to help prevent atrocities such as these and more attention needs to be drawn to the problem as well.

1. The *Associated Press* reports that **a Missouri judge says laws aimed at restricting sex offenders actions on Halloween are too broad**. Missouri governor Matt Blunt signed a law in June that would require sex offenders to avoid all Halloween related contact with children from 5 p.m. to 10:30 p.m. on Oct. 31. They must also stay inside their homes with the outside lights off and post a sign saying they have no candy. Sounds good right? Well U.S. District Judge Carol Jackson thinks this might be a little too harsh for these child predators. On Monday, she granted a preliminary injunction which will stop enforcement on some parts of this law; her office claims the law is too broad. So let me get this straight — laws protecting children from predators are too broad and should not be enforced; but someone on parole, after being released from prison for minor drug charges, can miss a parole meeting and be sent back to jail? The U.S. Justice Department is failing me again.

- Compiled by Jada F. Smith, Nation & World Editor

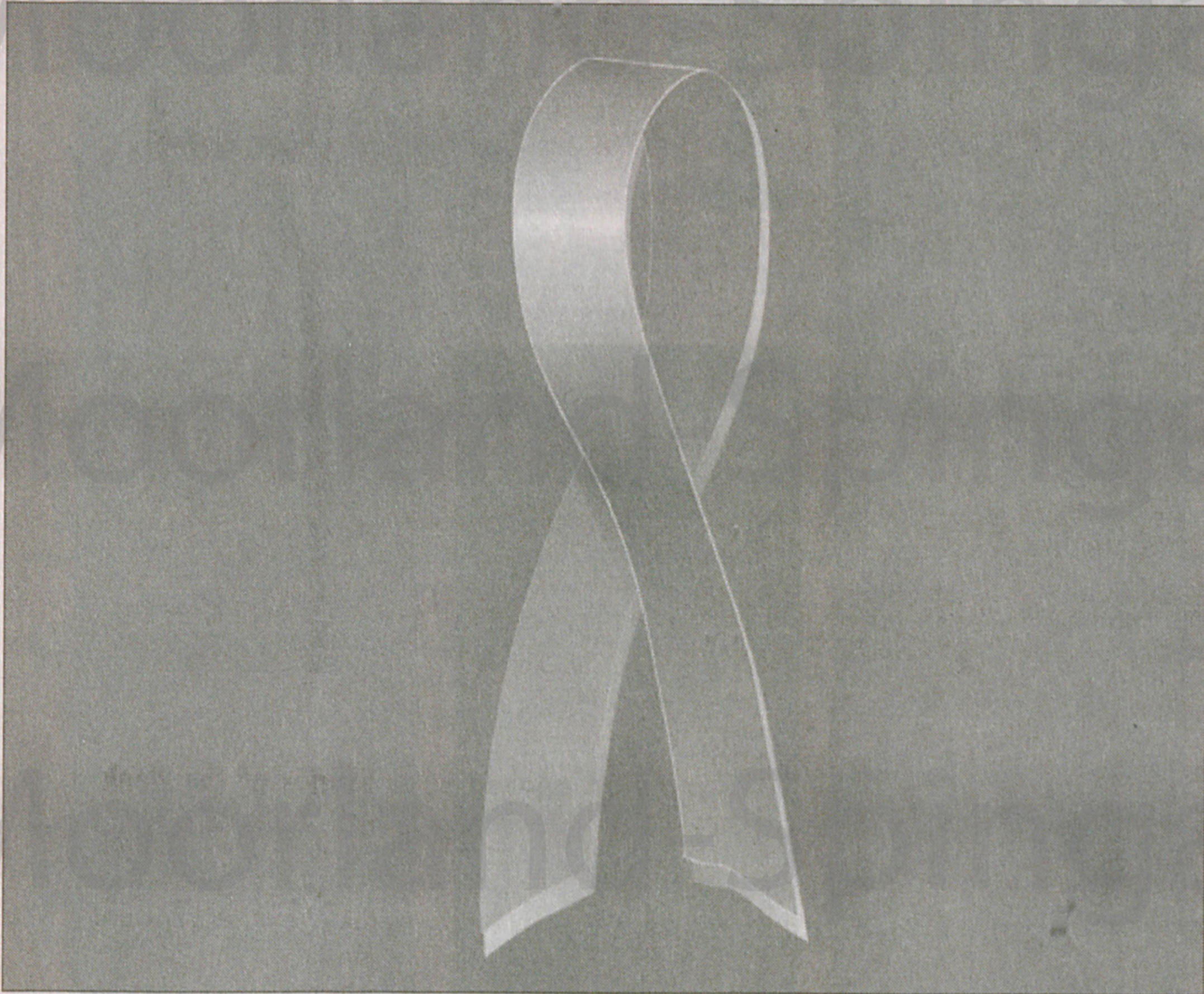
"One of the first things young people, especially nowadays, should learn is how to see for yourself and listen for yourself and think for yourself."

-Malcolm X

The Good, the Bad, the Just Plain Weird: Strange Stories from Across the Nation

- According to AOL.com, a 56-year-old woman gave birth to her own three granddaughters. She was a surrogate for her daughter.
- AOL.com reports that health officials in Buffalo, N.Y. closed down a restaurant after an inspector found employees butchering a dead deer inside the business' kitchen.
- According to the *Associated Press*, a Colorado couple found a small bag of marijuana in their order of tacos from a Del Taco restaurant. The employee said the order of weed was meant for his friend.
- According to Delawareonline.com, police are looking for a man who drove his car off a tow truck as a repossession worker tried to tow it away. After the car was put on the truck's lift, the man jumped into the car, put it in reverse and drove off.

- Compiled by Jada F. Smith, Nation & World Editor



McClatchy Newspapers

Breast Cancer Mortality Rates Differ Among Races

Although African-American women are less likely to be diagnosed with breast cancer, they face higher mortality rates from the disease than their white counterparts.

It is crucial that women — African-American women, especially — check their breasts for lumps on a regular basis and consult with a doctor if any irregularities are noticed.

In the 1980s, black women and white women were equally likely to die from breast cancer. Over the past 20 years, however, black women's chances of surviving have steadily decreased.

A common misconception is that young women do not get breast cancer so they do not have to check their breasts as often as older women.

This fallacy causes many breast cancer cases to go undetected until it is too late. In fact, a study conducted by a Yale School of Medicine researcher last year showed that African-American women are diagnosed at younger ages and have larger tumors than other women.

Early detection is key for all races because the earlier treatment begins, the higher the survival rate will be.

Men can also develop breast cancer, even though they have less breast tissue than women. Only about 1 percent of men develop breast cancer and it is usually detected between the ages of 60 and 70. Like in women, men develop the cancer when breast cells become abnormal cells that multiply out of control.

The American Cancer Society, the National Medical Association and the Susan G. Komen Breast Cancer Foundation are only a few of the organizations that offer breast cancer awareness and educational information.

Since October is National Breast Cancer Awareness Month, take this time to educate and examine yourself.

An easy way to remember to do this throughout the year is to hang a self-examination guide in the shower so that you can be remind yourself when and how to conduct breast examinations at home.

While breast cancer may affect certain races at different rates, it is non-discriminatory and can affect anyone at any time.

Our View:

Women should examine their breasts on a regular basis to ensure early detection of cancer.

Daily Sudoku

Directions:
Each row, each column and each 3x3 box must contain each and every digit 1-9 exactly once.

		6		1				
			5				8	6
9						7		2
6	2	7		5				3
		1	9		2	6		
4				6		1	2	5
5		8						1
1	6				9			
				8		4		

DO YOU WANT TO WRITE FOR THE HILLTOP?

Come to our next budget meeting!

Sunday @ 6 p.m. in the West Towers

THE HILLTOP

The Nation's Only Black Daily Collegiate Newspaper

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The Hilltop encourages its readers to share their opinions with the newspaper through letters to the editor or perspectives. All letters should include a complete address and telephone number and should be sent electronically on our Web site at www.thehilltoponline.com.

Any inquiries for advertisements or Hilltops should be directed to The Hilltop Business Office.

THE HILLTOP

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Now in its 84th year, The Hilltop is published Monday through Friday by Howard University students. With a readership of 7,000, The Hilltop is the largest black collegiate newspaper in the nation.

The opinions expressed on the Editorial & Perspectives page are the views of the The Hilltop Editorial Board and those of the authors and do not necessarily represent Howard University or its administration.

The Hilltop reserves the right to edit letters for space and grammatical errors and any inappropriate, libelous or defamatory content. All letters must be submitted a week prior to publication.

The Hilltop prints every day. The first 20 words are \$10 and .25 for each additional word.

All classifieds must be submitted and paid for 5 business days in advance.

We accept payment in the form of cashier's checks, money orders, and company checks. **NO CASH**

Any questions? Contact The Hilltop Business Office at 202 806 4749 or email us at hilltopbusiness@gmail.com.

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Monday, November 24
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Senior Portraits are \$20
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The Ladies of Company G-8-5, The National Society of Pershing Angels Sorority Inc. Howard University College Republicans and The Howard University College Democrats would like to invite you to iLets Talk Politics! Thursday October 30, 2008 DGH 133 7-9 pm

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Wednesday, October 29, 2008

Know Your Status: HIV and AIDS Awareness

College of Medicine Auditorium 7:00 PM

Business Attire
Book Collection in the Bottom of the Blackburn Center from 12 PM to 3 PM

Friday October 31, 2008
Bros on the Yard
Ladies on the Plot
12:00 PM

Knowledge Is Power
College of Medicine Room B5
5:00 PM
Business Attire
Blanket Collection on the Yard at 12 PM

Saturday, November 1, 2008
Bowling for Blankets
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12:00 PM

Howard University RedCross General Body Meeting
Wednesday
October 29
Douglass 116

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Please Join Howard University Office of Student Activities and the National Medical Association HIV/ Aids Information Day Thursday, October 30, 2008 Howard University Blackburn Center Ballroom 9:00 AM to 3:00 PM Meeting material and refreshments will be provided and HIV testing will be available. To register for the Conference, Contact Norkia Baker 202-806-7000 NorBaker@howard.edu or Cheryl Dukes 202-347-1895 Ext 264 cdukes@nmanet.org

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